

## porto e norte

Let yourself go. Find a way.







## World Heritage

Admire works of world art, kept within century-old buildings and fairytale castles, at each step of your way through Porto and Northern Portugal.

Admire with your own eyes the riverside landscape of the Douro river, the great river of Porto and the North of Portugal, travelling by train. Let your eyes take you on a trip through time, and look for representations of a world already lost, but that may always be revisited, in the drawings left to us by the first inhabitants of this region. Take a stroll through the century-old streets in the historical centres of cities such as Guimarães – where the country was born - or Porto. Visit the churches, the palaces, the museums and the monuments, and leaf through the pages of the History of Portugal, Europe and the World, as you follow the track of an everpresent past.







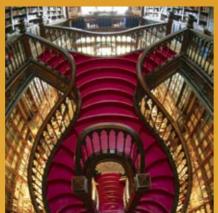




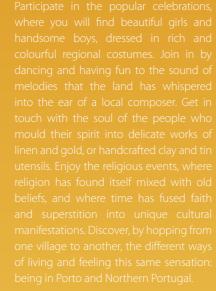




# The Cult of Culture



Climb to a look-out point and grab the best view forever. Life awaits you dowr there, in the eyes of the folk and in the reflections of their culture.



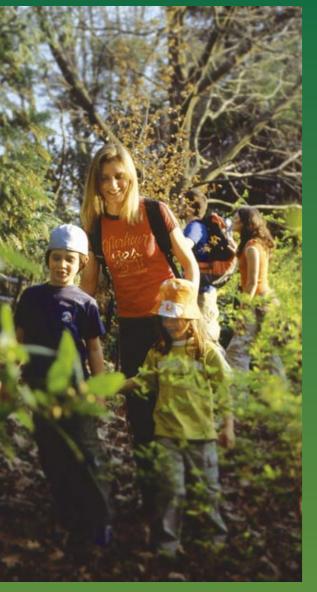






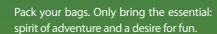






### Nature's Paths



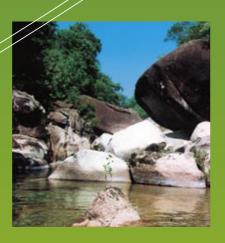


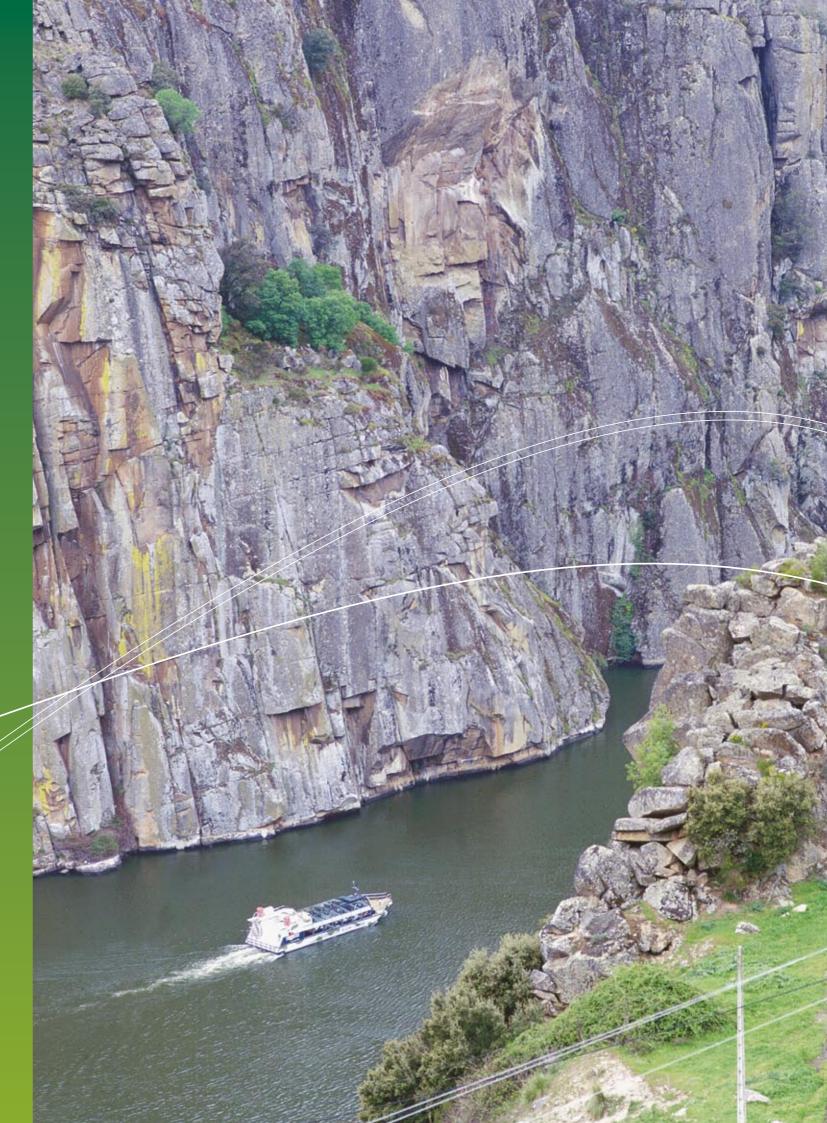


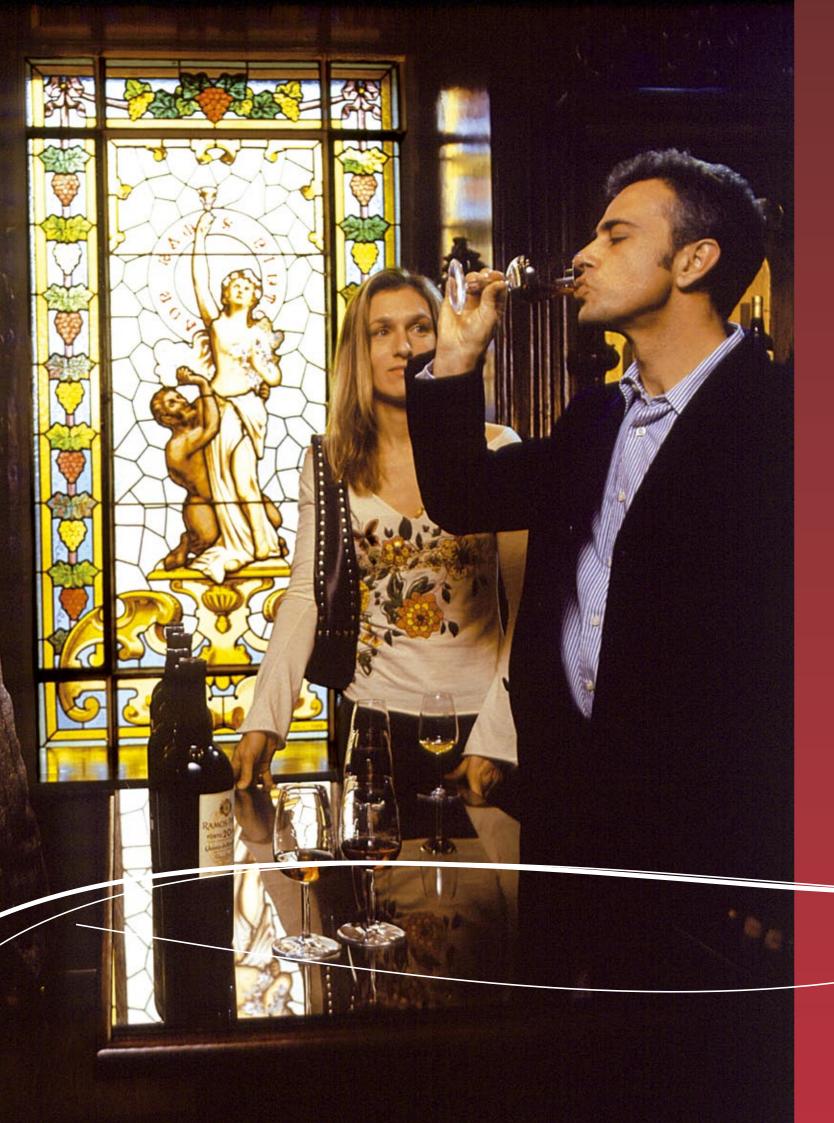
In Porto and the North of Portugal you will find all you need for the most perfect moments, side by side with those you love the most and surrounded by the most perfect nature. Put aside some time for yourself and quietly enjoy the surrounding beauty. The region abounds with a wealth of greenery amidst rivers of crystalline waters, large natural parks, and villages that time has forgotten. Whilst walking biking or driving around, from the seat to the mountain, from the inland to the seaside, the opportunity is there for you to leave behind the stresses of daily life and get in touch with what really matters.









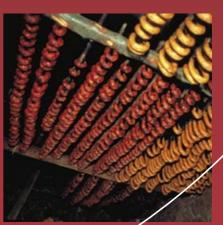


## The Flavour of Tradition

Take a trip through the flavours of Port Wine, one of the oldest and most appreciated fine wines in the world.

The art and knowledge of generation after generation have given the world a drink that inebriates men and gods alike. Travel along the Douro River and let the gentle river, make your imagination slide through this nectar's history. Enjoy the sight of the vineyards planted in steps carved into the mountainsides and visit the centuryold farms, where grapes are selected and crushed by the experience of centuries, the Douro banks, in a glass of this drink that the mysteries of traditional gastronomy, as you experience the most succulent meats and the freshest river fish, prepared in a Northern Portugal. Finish off great meals, enjoyed in the best company, with the sweet flavour of a convent-made dessert.















### Follow your Own Rhythm



Make time for yourself and relax. Allow your body and spirit a true warrior's rest.

Book yourself into a SPA to enjoy contact with nature in its purest form. The waters that run here have been used to heal body and spirit since Roman times. Enrol in a SPA beauty programme and feel renewed. Free your mind from worries and relax as you find yourself surrounded by all the nature you may conceivably imagine. Regain your natural balance and enjoy, in utmost relaxation, a glorious stay in one of the most beautiful regions of Europe.







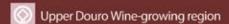












Natural Park and Protected Landscape

National Park

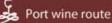
**Regional Tourist Centres** 

Highways and main roads

River

Railway track





Green wine route

Historical Landmark

**Rural Tourism** 

Gastronomy

Golf

Pousadas

≺ Airport

Cruises on the Douro



PHOTOGRAPHY:

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